Overview

The 2018 Cycling Australia Masters Road National Championships will be hosted in the picturesque Gippsland Lakes region for the first time in the event’s history.

The towns of Metung, Swan Reach and Paynesville will play host to more than 500 of Australia’s best Master’s cyclists as they battle for the coveted green and gold national champions’ jerseys in the Time Trial, Road Race and Criterium across four days of racing.

The Time Trial course is located just a short distance from the centre of Metung and the 16.5km out and back course along Nungurner Rd will provide a perfect start to the 2018 Masters National Championships. The undulating course, which is well sheltered from the elements will see some fast times produced.

The Road Race course is located in one of the most beautiful parts of East Gippsland and will meander along the banks of the Tambo River Swan Reach before heading to the scenic 18km loop where riders will be challenged with a combination of short steep climbs and undulation that will allow for breakaway opportunities before making their way back along the Tambo River to the long drag to the finish line.

The course has been touted as one that doesn’t suit the pure climbers or sprinters but does provide an opportunity for every type of rider to grab the coveted green and gold.

With the picturesque setting of the Paynesville waterfront as a backdrop for the final event of the Championships, riders will need to make sure they are not distracted by the stunning scenery as they race around the short sharp one kilometre circuit for the honour of being crowned the Masters National Criterium Champion.

Event Sponsors/Partners

![Event Sponsors/Partners Logo]
Welcome

On behalf of Cycling Australia, I extend a warm welcome to athletes, officials and supporters from around Australia to the Simon Anderson Consultants 2018 Cycling Australia Masters Road National Championships.

I would like to acknowledge the Gunaikurnai People, the Traditional Owners of the land on which we are gathered and pay my respects to their Elders both past and present.

The Masters is the second largest National Championships behind January’s Fed Uni RoadNats, and we look forward to three exciting days of racing in the time trial, road race and criterium events.

We extend our genuine appreciation to the picturesque East Gippsland Shire for hosting the Championships. Our sport would not be possible without the support of local communities and we look forward to showcasing the region to the rest of the country.

Thank you also to all the contributions from Cycling Australia and Cycling Victoria staff, commissaires, supporters and tireless volunteers who make this event happen.

I would like to acknowledge our principal partners in the UCI and Sport Australia for their ongoing contribution to the success of our sport here and abroad.

Finally to the athletes, I wish you a safe and enjoyable competition and hope your personal goals are realised and that you thoroughly enjoy competing.

Good luck and best wishes to you all.

Duncan Murray
Chair of Cycling Australia
# The Event

## Racing Schedule

**Thursday 18 October - Time Trial - Metung**

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women's MAS 10 - 5</td>
<td>10:01am</td>
</tr>
<tr>
<td>Men's MAS 10 - 5</td>
<td></td>
</tr>
<tr>
<td>Presentations</td>
<td></td>
</tr>
<tr>
<td>Women's MAS 4 - 1</td>
<td></td>
</tr>
<tr>
<td>Men's MAS 4 - 1</td>
<td></td>
</tr>
<tr>
<td>Presentations</td>
<td></td>
</tr>
</tbody>
</table>

Riders will start the 16.5km course at 1 minute intervals from 10:01am in the following order:
- Women's MAS 10 - 5
- Men's MAS 10 - 5
- Presentations
- Women's MAS 4 - 1
- Men's MAS 4 - 1
- Presentations

Refer to Start List for individual start time.

**Presentations** adjacent to the Start Finish

**Friday 19 October – Road Race – Swan Reach**

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Event 1 - MM 8-10 – 58.6km</td>
<td>9:00am</td>
</tr>
<tr>
<td>Event 2 - WM 4-5 - 76.6km</td>
<td>9:05am</td>
</tr>
<tr>
<td>Event 3 - WM 6-8 – 58.6km</td>
<td>9:10am</td>
</tr>
<tr>
<td>Presentations</td>
<td>11:30am</td>
</tr>
<tr>
<td>Event 4 - MM 5 - 76.6km</td>
<td>12:00pm</td>
</tr>
<tr>
<td>Event 5 - MM 6 – 58.6km</td>
<td>12:05pm</td>
</tr>
<tr>
<td>Event 6 - MM 7 – 58.6km</td>
<td>12:10pm</td>
</tr>
</tbody>
</table>

**Presentations**

**Saturday 20 October – Road Race – Swan Reach**

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Event 7 - MM 3 – 76.6km</td>
<td>9:00am</td>
</tr>
<tr>
<td>Event 8 - MM 4 – 76.6km</td>
<td>9:10am</td>
</tr>
<tr>
<td>Presentations</td>
<td>11:15am</td>
</tr>
<tr>
<td>Event 9 - MM 2 – 94.6km</td>
<td>12:00pm</td>
</tr>
<tr>
<td>Event 10 - MM 1 – 112.6km</td>
<td>12:10pm</td>
</tr>
<tr>
<td>Event 11 - WM 1-3 – 76.6km</td>
<td>12:20pm</td>
</tr>
</tbody>
</table>

**Presentations**

**Sunday 21 October - Criterium - Paynesville**

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Event 1 MM 8-10 – 30mins plus 3 laps</td>
<td>7:45am</td>
</tr>
<tr>
<td>Event 2 WM 6-8 - 30mins plus 3 laps</td>
<td>8:30am</td>
</tr>
<tr>
<td>Event 3 MM 6 - 30mins plus 3 laps</td>
<td>9:15am</td>
</tr>
<tr>
<td>Event 4 MM 3 - 40mins plus 3 laps</td>
<td>10:00am</td>
</tr>
<tr>
<td>Event 5 MM 5 – 40mins plus 3 laps</td>
<td>10:55am</td>
</tr>
<tr>
<td>Presentations</td>
<td>11:45am</td>
</tr>
<tr>
<td>Event 6 WM 4-5 - 40mins plus 3 laps</td>
<td>11:50am</td>
</tr>
<tr>
<td>Event 7 MM 4 - 40mins plus 3 laps</td>
<td>12:45pm</td>
</tr>
<tr>
<td>Event 8 WM 1-3 - 40mins plus 3 laps</td>
<td>1:40pm</td>
</tr>
<tr>
<td>Event 9 MM 7 – 30mins plus 3 laps</td>
<td>2:35pm</td>
</tr>
<tr>
<td>Event 10 MM 2 - 40mins plus 3 laps</td>
<td>3:20pm</td>
</tr>
<tr>
<td>Event 11 MM 1 - 40mins plus 3 laps</td>
<td>4:15pm</td>
</tr>
<tr>
<td>Presentations</td>
<td>5:10pm</td>
</tr>
</tbody>
</table>
The Event

Event Contacts

Event Director
Racing Manager
Technical Director
Timing and Results Manager
Construction Manager
Construction Crew
Construction Crew
Construction Crew
Construction Crew
Workforce Manager
Workforce Assistant
Commentator
Commentator
Photographer
Media Communications
Thompson Sound
Altus Traffic Management
Medical
Moto Safety Marshal Coordinator

Karin Jones
Annina Gallagher
Laurie Norris
Simon Gwynn
Jarryd Jones
Chris Jones
Peter Davine
Kevin Jackson
Alex Foster
Renee Patrick
Helen Hutchinson
Ian Maher
Pat Shaw
Jean Pierre Ronco
Alex Renzella
Stephen McWilliam
Petar Krstic
St John Ambulance
Chuck Ziegler

Event Officials

Chief Commissaire
Commissaire
Commissaire
Commissaire
Commissaire
Commissaire
Commissaire
Commissaire
Commissaire
Commissaire

David Danson
Karen O’Callaghan
Neville Williams
Mandy Hargraves
Bob Johnston
Jodie Batchelor
Doug Armstrong
Lorraine Schutz
Tony Torr
Norm Sargent
Joanne Cameron
Registration

Registration locations and times:

Date: Wednesday 17 October
Time: 5:00pm to 7:00pm
Location: Bancroft Bites Café, 57 Metung Rd Metung

Date: Thursday 18 October
Time: 8:30am to 1:00pm
Location: Registration Marquee, Crn Metung and Nungurner Roads Metung
Registration cont.

**Date:** Friday 19 and Saturday 20 October  
**Time:** 7:30am to 12 noon  
**Location:** Registration Marquee, Crn School and Roads Swan Reach

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**Date:** Sunday 21 October  
**Time:** 6:30am to 3:00pm  
**Location:** Registration Marquee, Start /Finish area, Wellington Street Paynesville
**Event Regulations**

**Technical Regulations**
These championships will be conducted under the Rules and Regulations of Cycling Australia. Visit the Cycling Australia website www.cycling.org.au.

**Rider Sign-on**
All riders are required to present to rider sign-on before the start of each of the races. Riders who fail to sign on at least 15 minutes before race start may face a fine at the discretion of the race officials.

**Presentations**
All place getters must present to the podium immediately following the race finish. Riders must be presented in their correct attire - race kit, no hats or sunglasses. The Presentations will be held at the following locations:

<table>
<thead>
<tr>
<th>Time Trial</th>
<th>Start Finish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Road Race</td>
<td>Event Village</td>
</tr>
<tr>
<td>Criterium</td>
<td>Start Finish</td>
</tr>
</tbody>
</table>

Refer to event schedule for presentation times.

**Awards**
The placegetters, regardless of their nationality shall receive the relevant medals.

**Champion of Champions**
An Australian Champion of Champions Jersey shall be awarded to the winner, or the highest placed Australian for each master’s category or division.

To be eligible, as per rule 3.22.07. The winner is calculated by the following formula:


c) In the event of a tie, a rider setting a world record or an Australian record shall take precedence in that order;

d) If riders are still equal the rider a count back of the fastest time in the Individual Time Trial (track and road) will be taken.

e) If there are riders on equal points there will be a count back of gold medal wins

**Champion of Champions Cont.**

f) If there are riders on equal points there will be a count back of silver medal wins

g) If there are riders on equal points there will be a count back of bronze medal wins

h) If after 3.21.05 d) there is still a tie then two winners will be awarded.

**Feeding during Road Race**
No feeding will be allowed during the road races unless otherwise advised by the Chief Commissaire on the day due to weather conditions.

**Race Convoy**
No support vehicles will be permitted to follow the ITT or road races.

**Bike Check**
All Time Trial bikes and helmets must be checked and approved by race officials prior to competition.

Bike check equipment will be set up adjacent to the registration marquee to allow for any pre checks.

The official bike check will take place on entering the start zone area.

Helmets must be presented for inspections and must comply with Australian Standards.

**Neutral Support**

**Time Trial**: No neutral support provided. No convoy for ITT.

**Road Race**: Each race will be provided with a neutral support vehicle, wheels will be provided on a ‘wheel in, wheel out’ basis.

Neutral vehicles will be position on School Rd adjacent to event village. It is the riders responsibility to identify wheels with race number.

**Criterium**: A designated spares area will be provided on the course. Competitors are able to leave their own wheels in this designated spares area if they wish. Pit will be closed at 3 laps to go.
Event Regulations

Race Numbers

Anti-Doping
Testing may be conducted at this event, and it is the responsibility of the rider to ensure they are not required for testing prior to their departure. Doping control facilities will be located close to the finish line each day, if in operation.

Electronic Timing
Electronic Timing will be used for all events at these Championships. Therefore, you will be required to fit a small transponder to the front fork of your bicycle. The transponders will be issued with your race number at registration. DO NOT exchange your transponder with any other competitor as the transponder is coded to your race number. Fitting instructions will be provided in the rider registration pack.

Transponders must be attached to bikes for all events as per instructions given in rider packs. Additional zip ties will be available at registration.

Radio Communications
During races in these Championships, the use of radio links or any other means of communication with the riders is not permitted.

Neutralisation
If for any reason conditions warrant the race will be neutralised. In such circumstances a red flag will be displayed from the leading vehicle.
Event Regulations

Littering
Riders must not discard bidons or rubbish of any kind on the roadside. Riders found to be littering will be fined in accordance with local laws and technical regulations.

Urinating
Riders are advised that it is an offence to urinate in public. Penalties will be imposed on those who choose to ignore this law.

Medical
Cycling Victoria has engaged St John Ambulance who will provide medical support for the duration of the event.

Both mobile units and static point will be implemented for the duration of the championships.

Hospitals
Bairnsdale Regional Health Service
122 Day St, Bairnsdale
5150 3333

Bairnsdale Public Hospital
McKean St, Bairnsdale
5150 3444

Road Closures
All courses have approved full road closures.
An extensive communication campaign has taken place to ensure residents on course adhere to procedures put in place during closure times.
Residents will be able to access their properties with the assistance of event moto marshals and will travel in the direction of the racing at all times.
We cannot however dismiss the possibility of leakage onto the course during the closure and as such request riders to stay left particularly on blind corners.

Penalties
Cycling Australia scale of penalties will apply.

Road Race and Criterium
Riders must be at the start area 10 minutes before their scheduled race time for a briefing by the race officials.
Course Details

Individual Time Trial

The time trial will start on Nungurner Road approx. 100m from the intersection of Metung Road.

Parking has been made available on private land adjacent to the course, please ensure you remove all rubbish and respect the good will of the land owner.

Toilets, coffee and presentations will all be located in close proximity to the parking area.

Overflow parking will be on the corner of Metung and Hardy’s Roads.

Riders need to be ready in the start area at least 15 minutes before their race. This is to give adequate time to do a bike check before the race. Riders late or have not done their bike check before the race and are delayed due to this, their start will be running based on their advertised start time.

Riders must be in the start area at least 15 minutes prior to their advertised start time to allow adequate time to complete a bike check prior to starting. Any rider delayed by a late bike check needs to realise that their time will begin at their advertised start time.
Course

Time Trial

0.0  Corner Metung Rd and Nungurner Rd
0.0  Start at Farm shed (RHS)
0.8  Pass Rosherville Rd (RHS)
0.9  Pass Rosherville Rd (LHS)
3.7  Pass Nungurner School
3.8  Pass Nungurner Jetty Rd
4.7  Pass Kalimna West Rd
6.1  Pass Fergusons Lane
7.4  Pass Cornwalls Rd
8.0  U Turn at Robertson's Rd /Princes Hwy
8.6  Pass Cornwalls Rd
9.8  Pass Fergusons Lane
11.2 Pass Kalimna West Rd
12.2 Pass Nungurner Jetty Rd
12.3 Pass Nungurner School
15.0 Pass Rosherville Rd (RHS)
15.1 Pass Rosherville Rd (LHS)
16.1 Finish
Course Details

Road Race

The Road Races will be conducted on both Friday and Saturday.

The event village will be located on the corner of School Rd and Redenbach Drive on private property so we ask that you respect this by removing all rubbish before you leave.

The event village will host registration, presentations, parking, toilet facilities and coffee.

Bairnsdale Bikes will also have a marquee set up for any mechanical needs.

Refer to schedule for race start times and distances.

Riders must be at the start area 10 minutes before their scheduled race time for a briefing by the race officials.
Road Race

Assemble at School (School Rd)
Right onto Tambo Upper Rd
Pass Cunningham Rd (Descent starts-Caution)
After 4kms Under Control race starts about 300m after end of descent.
(Officials will control the descent, and then stop and restart at Kilometre Zero).

0.0  Race starts
1.7  Pass McMeekens Rd
4.3  Left into Stephenson Rd (Bridge-Caution)
5.2  Pass Baines Rd
6.6  Pass Duncans Rd
7.1  Right onto Swan reach Rd
7.6  Left into Duncans Rd
10.7 Pass Watts Rd
12.1 Pass Heredon Crt
12.3 Pass Crawford Crt
12.6 Left at Waddells Rd
14.6 Pass Hellier Crt
15.4 Pass Howletts Rd
16.1 Pass Murrumbung Dve
16.6 Pass Liddells Rd
17.5 Pass Miles Crt
18.2 Left into Stephenson Rd
18.9 Pass Glen Irvine Rd
20.1 Pass Watts Rd
20.6 Pass Caravan Park
20.8 Pass Bingham's Rd
22.1 Pass Gregory Ave
22.7 Pass Winery Turn Off
23.0 Pass Bethcross Dve
23.1 Pass Tamberrah Cottages
24.7 Left onto Swan Reach Rd

This completes a lap of the circuit which starts at 7.21km and finishes at 24.7km

Race either continues on circuit or head straight across Swan Reach Rd and back to the finish

**No support vehicles allowed on course at any time**
Course Details

Criterium

The event parking for the criterium will be in the foreshore parking area, toilets are also located in this precinct. Access to the parking is via Langford Pde and The Esplanade.

Neutral service Pits will be closed at 3 to go.

Riders must be at the start area 10 minutes before their scheduled race time for a briefing by the race officials.
Additional Information

Mechanics
Bairnsdale Bikes will be on site each day and will be providing mechanical support for the entire event, in addition they will carry a few shop items for those items you may have left at home.

Coffee and Catering
There will be a coffee van on site each day and on the road race days the local primary school will be providing some catering options, please support their efforts.

Social
On Saturday October 20 we hope you will join the event team, sponsors and riders from all over Australia for a social dinner, an informal night and an opportunity to meet new friends. Details on the website or in the flyer attached to your email information.

Follow Online
Stay up to date with all the 2018 Simon Anderson Consultants Masters National Road Championships action at https://masters.roadnationals.org.au/

Follow Cycling Australia on Facebook, Instagram and Twitter and join the conversation at #MastersRoadNats